

1996 MIAC Women's Indoor Track & Field Awards

Most Valuable Athlete

1. Jayna Mathieu, St. Olaf (37 points)
2. Anne Parker, St. Thomas (28 points)
3. Kate Ainsworth, Carleton (17 points)

Most Outstanding Performance

1. Jayna Mathieu, St. Olaf (800 meter run)
2. Busola Akinwale, Carleton (Long Jump)
3. Anne Parker, St. Thomas (55 meter hurdles)